

UI ASSESSMENT RESULT



It appears that you are experiencing mild to moderate urinary incontinence, which is likely having a negative impact on your daily life and relationships.

SCORE BREAKDOWN^{1,2}

19 - 21: Severe

13 - 18: Moderate to Severe

6 - 12: Mild to Moderate

1 - 5: Mild

YOUR PATH TO RECOVERY³

1

Pelvic Floor Muscle Training

Strengthening the pelvic floor muscles through exercises, commonly known as Kegel exercises, can improve urinary control.

2

Medications

Certain drugs may be prescribed to increase urethral sphincter tone, though they are less commonly used for male SUI.

3

Male Sling Procedures

A surgical mesh is placed to support the urethra, reducing urine leakage.

4

Artificial Urinary Sphincter (AUS)

An implanted device that mimics the function of a natural sphincter, offering effective control for moderate to severe SUI.

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